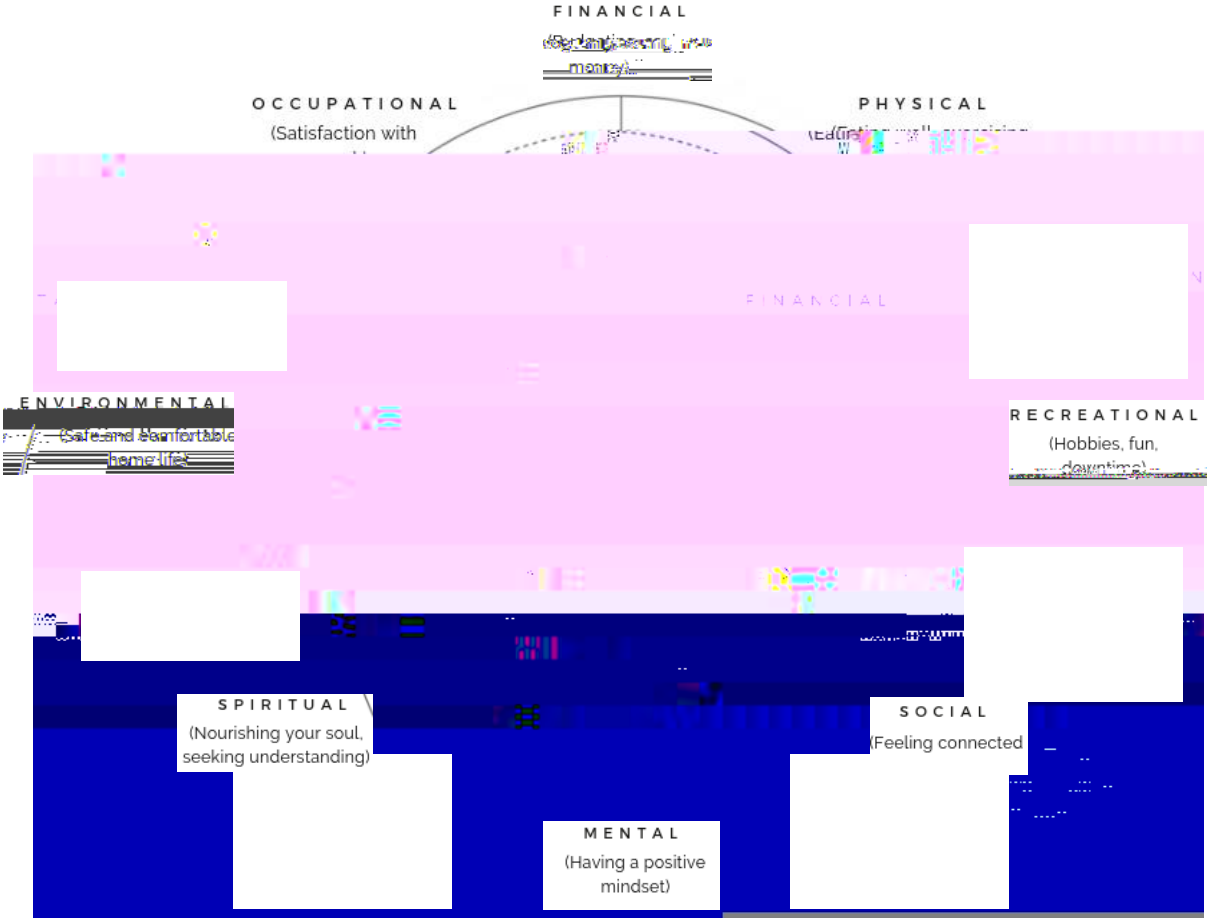
FINANCIAL
OCCUPATIONAL
(Satisfaction with
PHYSICAL
FINANCIAL
ENVIRONMENTAL
RECREATIONAL
(Hobbies, fun,
SPIRITUAL
(Nourishing your soul,
seeking understanding)
SOCIAL
(Feeling connected
MENTAL
(Having a positive
mindset)