

# INJECTION SITES

## *Checklist*

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**CARPAL TUNNEL**

**TROCHANTERIC BURSA**

**ACP**  
AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*<sup>®</sup>

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# ARTHROCENTESIS JOINT INJECTION

## *Checklist*

**POSITION THE PATIENT**

**IDENTIFY THE INJECTION SITE**

**PREPARE INJECTION SITE**

**REMOVE SYNOVIAL FLUID**

**INTRODUCE STEROIDS (when indicated)**

